

SAMPLE MORNING OFFERINGS

Morning Offering #1

O eternal and ever-blessed Trinity, Father, Son, and Holy Spirit, with all the angels and saints, I adore you. From the bottom of my heart I thank you for all the favors and benefits you have bestowed upon me, but especially for having preserved me during the night, and for giving me this day to serve you. I wish to live only for you, for our greater honor and glory, and for the salvation of souls. O good God, preserve me this day from all sin and all occasion of sin.

O loving God, I begin this work day by offering everything I am and do to you. Help me to accomplish all the day's necessary tasks, to be wise in making decisions and earnest in completing my work. Let nothing distress or overwhelm me. Help me to depend on you for the energy, wisdom and courage I need to do an honest day's work. And then help me to let go of any concerns and anxieties. Amen.

Morning Offering #2

O Jesus in union with your Most Precious Blood poured out on the Cross and offered in every Mass, I offer you today my prayers, works, joys, sorrows and sufferings for the praise of your Holy Name and all the desires of your Sacred Heart; in reparation for sin, for the conversion of sinners, the union of all Christians and our final union with You in heaven. Amen.